

2. 以下这些不同的生活领域,您目前有哪些重要的目标?

What are some of the goals which are important to you now in the following areas?

工作和事业 (Work & Career)

财务 (Finances)

个人健康 (Personal Health)

休息和睡眠 (Rest & Sleep)

体育运动 (Physical Recreation)

求知 (Intellectual Pursuits)

休闲 (Leisure)

心灵 (Spirituality)

家庭关系 (Family Relationships)

工作关系 (Relationships at Work)

社会关系 (Social Relationships)

社会贡献 (Community Contribution)

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3. 通过参与探索课程,您想改变自己的哪些个人态度和特性?

What are the personal qualities and characteristics which you would like to improve on by participating in the Discovery training?

工作和事业 (Work & Career)

财务 (Finances)

个人健康 (Personal Health)

休息和睡眠 (Rest & Sleep)

体育运动 (Physical Recreation)

求知 (Intellectual Pursuits)

休闲 (Leisure)

心灵 (Spirituality)

家庭关系 (Family Relationships)

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社会贡献 (Community Contribution)

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4. 当您通过参与探索课程,取得了您所期望的成果,您的生活会有什么不同,您会有什么样的感受?

When you have achieved the results you want from participating in the Discovery training, how will your life be different and how will it feel like?

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财务 (Finances)

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休息和睡眠 (Rest & Sleep)

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恭喜您！开启了探索自我旅程的第一步！

Congratulations! You have just embarked on your Discovery training!

学员姓名 (Name of Participant)	日期 (Date)	签名 (Signature)
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以上您填写完成的这份表格是属于历程培训中心的资产。请您在递交之前为自己复印一份。

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